



LONG-TERM CARE BEDS

bringing you closer to home™

long-term care beds

Five Reasons to Upgrade Your Beds

1. Minimize the Occurrence of Falls

Falls are a major concern in nursing homes. According to the Centers for Disease Control and Prevention (CDC), fall prevention entails a combination of medical treatment, rehabilitation and changes in the environment to make it easier for residents to move around safely. Such changes include putting in grab bars, adding raised toilet seats and lowering bed heights.¹ Medline's Alterra 1232 bed has a low height of 7.25" (18 cm), making it ideal for Alzheimer's patients and other residents at risk of falling.

2. Reduce Caregiver Back Injuries

While the Alterra's low height makes it great for residents at risk of falling, its maximum height of 26" (66 cm) also reduces the chance of caregivers experiencing back injuries while caring for residents. The return on investment for a hi-low bed with savings from workers' compensation or lost workdays can be realized in as little as eight and a half months.²

3. Help Prevent Entrapment

Between 1985 and 2009, the FDA received 803 reports of patients becoming caught, trapped, entangled or strangled in their hospital beds.^{3,4} While entrapment is fairly uncommon, it is often fatal when it does occur. Of the 803 reported incidents, 480 resulted in death.^{3,4}

The FDA encourages facilities and caregivers to take a close look at the beds they are using to determine if any openings on the beds are large enough to pose an entrapment risk.^{3,4}

All Medline long-term care beds comply with FDA entrapment guidelines when used with Medline-recommended mattresses. For information on entrapment guidelines, please email dmesupport@medline.com.

4. Improve Quality and Appearance

A study showed that residents' families place facility appearance second only to quality of care when selecting a nursing home.⁵ We're sure you've noticed your competitors advertising hi-low beds at their facilities. Perhaps the question isn't whether you can afford to replace your existing beds, but whether you can afford not to. You might also want to consider replacing your beds if they are beginning to require excessive repairs due to age or poor quality.



Medline offers a comprehensive line of beds with optional accessories, including soft-touch rails and staff controls.

5. Be Better Prepared for Power Failures

At many facilities, not all patient rooms have outlets with access to backup generators in the event of a power outage. This is not only inconvenient, it can also cause trips and falls over the extension cords that are needed to connect beds to outlets powered by backup generators. The Alterra 1232 and 1233 feature an automatically charging battery backup that keeps beds functioning during power outages. The battery backup is mounted on the bed itself instead of a wall, so the bed does not need to be connected to a backup generator to function.

A Wide Selection of Choices

Medline offers a comprehensive line of full-electric and manual beds that meets the needs of long-term care facilities, even for ones with capital budget constraints. Medline beds are built to last, as evidenced by our generous warranty. In addition, Medline can help you consolidate purchases and take advantage of our flexible payment plans.

Medline offers individually tailored payment plans based on your credit. Contact your Medline sales representative for specific details.

References

- Centers for Disease Control and Prevention. Falls in Nursing Homes. Available at: <http://www.cdc.gov/ncipc/factsheets/nursing.htm>. Accessed September 3, 2009.
- Ohio Bureau of Workers' Compensation. Ergonomics Best Practices for Extended-Care Facilities. Available at: www.ohiobwc.com/downloads/brochureware/publications/ExtCareSafeGrant.pdf. Accessed June 30, 2009.
- U.S. Food and Drug Administration. Consumer Update. Practice Hospital Bed Safety. Available at: <http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm164366.htm>. Accessed July 27, 2009.
- U.S. Food and Drug Administration. Hospital Bed System Dimensional and Assessment Guidance to Reduce Entrapment. Available at: <http://www.fda.gov/MedicalDevices/DeviceRegulationandGuidance/GuidanceDocuments/ucm072662.htm>. Accessed July 27, 2009.
- Prawitz AD, Lawrence FC, Draughn PS, Wozniak PJ. Criteria families use to select nursing homes. *Journal of Family and Economic Issues*. 1994;15(1):1058-0476.

Which Bed Fits Your Needs?

Use this list of questions to help you determine which Medline long-term care beds best fit your needs.

1. Do you need an adjustable-height bed?

Our Alterra 1232 hi-low bed has a low height of 7.25" (18 cm) and a maximum height of 26" (66 cm) for resident and caregiver safety and ease of use. Our Alterra 1100 and Medline Manual 1000 beds have a height range of 12" (30 cm) to 23.5" (60 cm).

2. What style of bed is best for your residents?

Medline offers beds with the following features:

- Hi-low full-electric (Alterra 1232)
- Extra-wide hi-low full-electric (Alterra 1233)
- Great value full-electric (Alterra 1100)
- Manual style (Medline Manual 1000)
- Bariatric full-electric (Medline Bariatric)

3. Are you looking for an extra-long bed to accommodate taller residents? The standard Medline bed is 80" (203 cm) long. If you desire extra length on a standard bed, our bed extenders can increase the length of the bed to 84" (213 cm).

4. Are you preparing for more bariatric residents at your facility? The Medline Bariatric bed is a great, cost-effective alternative to renting a bariatric bed.

5. Are you on a tight budget but still want to offer full-electric beds? Medline offers a range of full-electric beds to fit every budget. Our most economical choice is the Alterra 1100 bed.

6. Are you replacing beds to make the environment safer for residents? The Alterra 1232's low height of 7.25" (18 cm) makes it a great choice for residents at risk of falling. Its top height of 26" (66 cm) also reduces the chance of caregivers experiencing back injuries while caring for residents.

7. Are you looking to attract private-pay customers by offering an extra-wide bed? Our Alterra 1233 bed has an extra wide sleeping surface, making its dimensions 39" (99 cm) wide by 80" (203 cm) long. This roomy, comfortable bed offers a feeling closer to that of the beds your residents enjoyed in their own homes.

8. Would you like to be able to selectively lock out functions on the hand pendant for patient safety? Alterra 1232 and 1233 full-electric beds can be equipped with an optional staff control. This control is mounted on the footboard of the bed and allows staff to lock down any or all of the functions on the hand pendant. An LED light indicates to caregivers when functions have been locked down.

IDEAL FOR:
NURSING HOMES

SKILLED NURSING FACILITIES

HOSPICES



Alterra 1232

Minimize the risk of caregiver injury

The Alterra 1232's maximum height of 26" makes it easy to care for residents without straining, helping to reduce the risk of back injuries.

Eliminate wall damage

The bed moves from its lowest (7.25") to highest (26") height without any horizontal movement, eliminating wall damage.

Be better prepared for power failures

Battery backup keeps bed functioning during power outages or evacuations.

Improve Safety for fall-risk residents

Ideal for fall-risk or Alzheimer's patients with a low height of 7.25".

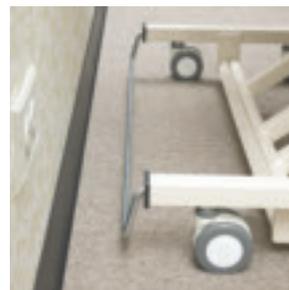
Stability knobs ensure that the head and footboards are properly secured.



The Alterra 1232 eliminates potential wall damage by moving straight up and down.



All eight casters rotate a full 360 degrees, increasing maneuverability even in tight spaces. For extra safety, four of the eight casters lock into place.



The Alterra 1232's wall guard is placed near the head section to prevent wall damage.



Mattress retainers keep the mattress in place for safer transfer in and out of bed.



Shown with optional Soft-Touch Rails and Staff Control Custom Head and Footboard.

Safety and comfort for the resident

The Alterra 1232 is built with the resident in mind, with the following features designed for safety and comfort:

- A **smooth, quiet performance** is delivered by four ultra-quiet, dependable DC motors.
- **Multiple positioning options** are made possible by the bed's motors, which control the bed's height, knee hinge and reclining head deck. Residents are able to choose the perfect position for watching TV, reading, socializing or just resting.
- **Repositioning and rolling over are made easier** by the bed's soft-touch rails. When lowered, the rails are lower than the height of a standard mattress, making transfer on and off a stretcher hassle-free.
- **Strength and comfort** are afforded by the bed's unique grid/rib deck that prevents the structure from sagging.
- The **easy-to-operate** hand pendant makes experiencing all of the Alterra 1232's features quick and hassle-free.
- **Convenient** T-cable allows the hand pendant to be operated from either side of the bed. (available 12/1/2009)
- **Head and footboards are secured** by stability knobs. (available 12/1/2009)

PRODUCT SPECIFICATIONS

Height range:	7.25" to 26" (18-66 cm)
Bed deck dimensions:	80" (203 cm) long, 34.5" (88 cm) wide
Overall length:	87.5" (222 cm)
Weight capacity:	450 lb. (204 kg)
Movement styles:	Head, knee hinge, hi-low
Deck style:	Combination grid/rib
Rolling position:	Move at any height
Motors:	4 DC
Casters:	8 total, 4 locking
Horizontal movement:	No
Warranty information:	
Electrical components:	4 years
Bed frame:	15 years
Welds:	Lifetime warranty

Item number	Description
FCE1232QO	Alterra 1232 Bed Package (includes Alterra 1232 hi-low bed, head section assist rails, head/footboards in quartered oak finish, mounting hardware, 4 mattress retainers) HCPCS Code: E0266
FCE1232B	Alterra 1232 hi-low bed only HCPCS Code: E0293

For different styles and finishes of head/footboards and accessories, please refer to page 11.

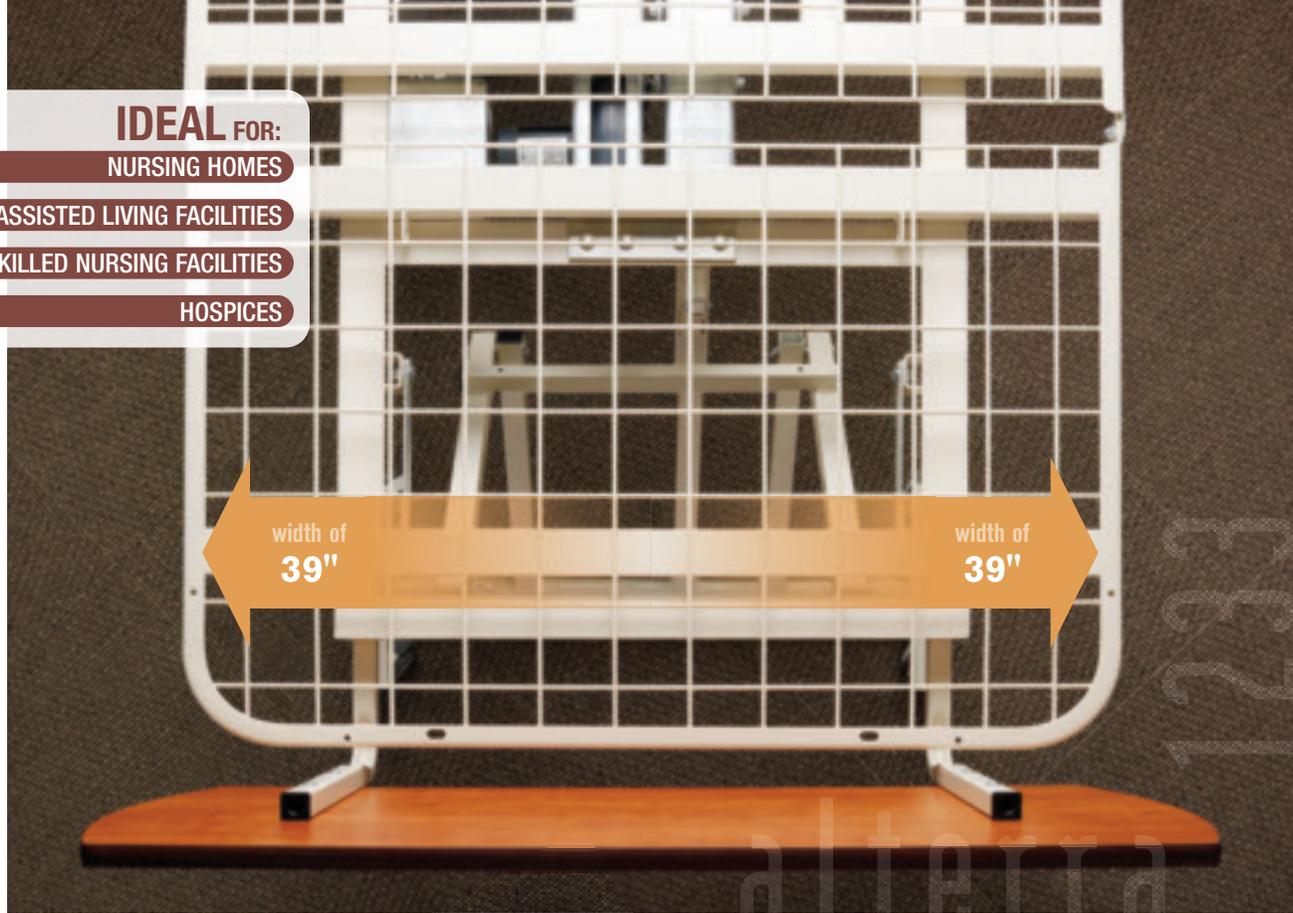
IDEAL FOR:

NURSING HOMES

ASSISTED LIVING FACILITIES

SKILLED NURSING FACILITIES

HOSPICES



Alterra 1233

NEW!

Our Alterra 1233 offers all of the same great features of the Alterra 1232 but adds increased comfort for residents via an extra-wide sleeping surface.

This bed is sure to please people – such as private-pay residents – who are looking for comfortable, roomy beds similar to the beds they enjoyed in their own homes.



The Alterra 1233 offers all of the same comfort and features as the 1232, plus additional width.

PRODUCT SPECIFICATIONS

Height range:	7.25" to 26" (18-66 cm)
Bed deck dimensions:	80" (203 cm) long, 39" (99 cm) wide
Overall length:	87.5" (222 cm)
Weight capacity:	450 lb. (204 kg)
Movement styles:	Head, knee hinge, hi-low
Deck style:	Combination grid/rib
Rolling position:	Move at any height
Motors:	4 DC
Casters:	8 total, 4 locking
Horizontal movement:	No
Warranty information:	
Electrical components:	4 years
Bed frame:	15 years
Welds:	Lifetime warranty

Item number	Description
FCE1233B	Alterra 1233 extra-wide hi-low bed only

For different styles and finishes of head/footboards and accessories, please refer to page 11.



IDEAL FOR:
NURSING HOMES
ASSISTED LIVING FACILITIES

Alterra 1100

Full electric bed

Medline's Alterra 1100 full-electric bed provides maximum positioning comfort through independent and simultaneous operation of the head, knee and hi-low functions. The DC motors provide smooth, whisper-quiet operation. The Alterra 1100 is a strong, well-built, low-maintenance electric bed suitable for the majority of residents in a long-term care facility.

Benefits and Features

- **Ideal positioning and comfort** are offered by separate head deck, foot deck and bed height functions.
- **Ease of movement and secure locking** with three-inch braking casters.
- **Easy central locking system** enables bed to rest on secure legs in all elevated positions.
- **Smooth, quiet** DC electric motors control the head deck, foot deck and height.
- **Head and footboards are secured** with stability knobs.

PRODUCT SPECIFICATIONS

Height range:	12" to 23.5" (30-60 cm)
Bed deck dimensions:	80" (203 cm) long, 34.5" (88 cm) wide
Weight capacity:	500 lb. (227 kg)
Motors:	3 DC
Casters:	4 total, 3" (8 cm) locking
Horizontal movement:	Yes
Warranty information:	
Electrical components:	3 years
Bed frame:	15 years
Welds:	Lifetime warranty

Item number	Description
FCE1100QO	Alterra 1100 Bed Package (includes Alterra 1100 full-electric bed, head section assist rails, head/footboards in quartered oak finish, mounting hardware) HCPCS Code: E0266
FCE1100B	Alterra 1100 full-electric bed only HCPCS Code: E0293

For different styles and finishes of head/footboards and accessories, please refer to page 11.

IDEAL FOR:
ASSISTED LIVING FACILITIES



Medline Manual 1000

Manual bed

Medline's Manual 1000 manual bed offers an appealing alternative with its durability, strength and low maintenance. This bed is well-built and economical enough to be used throughout your facility.

Benefits and Features

- **"Shin-friendly" cranks** drop out of the way under the footboard when not in use.
- **Ease of movement and secure locking** with three-inch braking casters.
- **Easy central locking system** enables bed to rest on secure legs in all elevated positions.
- **Floor scratches are prevented** by specially designed cranks.

PRODUCT SPECIFICATIONS

Height range:	12" to 23.5" (30-60 cm)
Bed deck dimensions:	80" (203 cm) long, 34.5" (88 cm) wide
Weight capacity:	500 lb. (227 kg)
Deck style:	Combination grid/rib
Casters:	4 total, 3" (8 cm) locking
Horizontal movement:	Yes
Warranty information:	
Bed frame:	15 years
Welds:	Lifetime warranty

Item number	Description
FCE1000QO	Medline Manual 1000 Bed Package (includes Medline Manual 1000 bed, head section assist rails, head/footboards in quartered oak finish, mounting hardware) HCPCS Code: E0256
FCE1000B	Medline Manual 1000 manual bed only HCPCS Code: E0293

For different styles and finishes of head/footboards and accessories, please refer to page 11.



IDEAL FOR:

NURSING HOMES

ASSISTED LIVING FACILITIES

SKILLED NURSING FACILITIES

HOSPICES

Medline Bariatric

NEW!

Bariatric bed

Our Bariatric bed is a great alternative to renting bariatric beds for your facilities. With a 600 lb. weight capacity and 42" extra-wide sleeping surface, this bed is designed to comfortably accommodate larger patients.

Benefits and Features

- **Patient safety** is ensured by a heavy-duty all-steel frame
- **Ideal positioning and comfort** are offered by a hand control that can maneuver the bed into multiple positions
- **Easy assembly** with minimal tools required for set-up

PRODUCT SPECIFICATIONS

Height range:	18" to 26.5" (46-67 cm)
Bed deck dimensions:	80" (203 cm) long, 42" (107 cm) wide
Overall length:	88" (224 cm) long
Weight capacity:	600 lb. (272 kg)
Deck style:	Pan deck
Casters:	2 locking, 2 non-locking
Warranty information:	
Electrical/mechanical:	2 years
Bed frame/welds:	Lifetime warranty

Item number	Description
MDR107004	Medline Bariatric Bed
MDS89697BAR	Head/foot section rails
MDR211892	Foam mattress, 600 lb. capacity



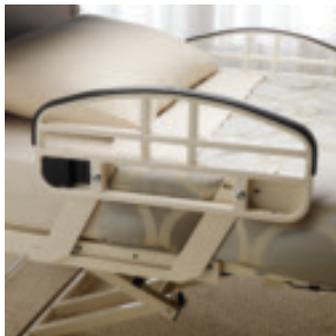
The heavy-duty pan deck supports up to 600 lbs.

Bed Accessories

Our extensive range of bed accessories complement our long-term care beds. Your Medline representative can help you determine the best options to meet your specific needs. *These accessories are compatible with all beds except the Medline Bariatric bed.*

Soft-touch assist rails (FCE1232RSRN)

These steel rails have a coating that is soft to the touch and offer a less institutional look. They are comfortable to grip when rolling over or getting in and out of bed.



Extra-tall rails (FCE1232RSRXT)

Low air loss mattresses are generally between 10" and 12" (25-30 cm) thick, about the same height as standard bed rails. Our extra-tall rails are the perfect complement for low air loss mattresses.



Standard assist rails (FCE1232RSR)

These 29" (74 cm) assist rails are long enough to cover the entire head section of the bed and offer additional protection for patients at a high risk for falls.



Staff control

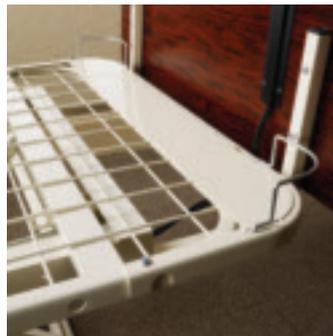
This convenient control is mounted into the footboard of any bed and allows staff members to lock any or all bed functions to make the bed safer for select residents.

Please refer to page 11 for the appropriate item number.

Bed extender (FCE1232EXT)

These extenders lengthen the bed from 80" to 84" (203-213 cm) to accommodate taller residents.

Note: Available for FCE1232B, FCE1100B, FCE1000B



Assist bar (FCE1232ABN)

This positioning aid has a cane shape that is easy to grip for elderly patients, when rolling over or getting in and out of bed. Also, swings away for easier patient transfer.



Trapeze mounting kit (FCE1232TPZ)

Our trapeze adapter kit is mounted on the bed's frame so that it can move up and down with the bed, allowing the trapeze to be used at any height.

Note: Trapeze (MDS80615T) not included



ORDERING INSTRUCTIONS

Item number Description

BEDS

1 Pick the Right Bed

- FCE1232B **Alterra 1232** hi-low bed only (Refer to page 4)
- FCE1233B **Alterra 1233** extra-wide hi-low bed only (Refer to page 6)
- FCE1100B **Alterra 1100** full-electric bed only (Refer to page 7)
- FCE1000B **Medline Manual 1000** manual bed only (Refer to page 8)

HEAD/FOOTBOARDS & MOUNTING HARDWARE

2 Choose Your Head/Footboard & Mounting Hardware

FCE1232RHFQO **Head/footboards in quartered oak finish** with mounting hardware and mattress retainers for FCE1232B, FCE1100B and FCE1000B beds.

FCE1232RHFQOS **Head/footboards in quartered oak finish with staff control mounted on the footboard**, staff control connecting cables, mounting hardware and mattress retainers for FCE1232B bed.

Custom Head/Footboards Please see "Custom Head/Footboards Options" (to the right) to order custom head and footboards with or without a staff control.

Examples of How to Build Your Custom-Finish Head/Footboard Item Numbers:



Add suffix "S" to the item numbers to order the **staff control** (example: FCE01RHFS).
 Add suffix "W" to the item numbers to order the **extra-wide bed** panels (example: FCE01RHFWS).
 Add suffix "WS" to the item numbers to order the **extra-wide bed with staff control** (example: FCE01RHFWS).

FCE1232HDW **Mounting hardware for head/footboards** for FCE1232B, FCE1233B, FCE1100B and FCE1000B beds.

ASSIST RAILS & ACCESSORIES

3 Select Assist Rails & Accessories

FCE1232RSRN **Soft-touch assist rails** for FCE1232B, FCE1233B, FCE1100B and FCE1000B beds. These assist rails can be mounted either on the head section or on the foot section of the bed deck. **HCPCS Code: E0305**

FCE1232RSR **Head section assist rails** for FCE1232B, FCE1233B, FCE1100B and FCE1000B beds. **HCPCS Code: E0305**

FCE1232RSRXT **Extra-tall rails** for FCE1232B, FCE1233B, FCE1100B and FCE1000B beds. These assist rails can be mounted either on the head section or on the foot section of the bed deck.

FCE1232ABN **Assist bar** for FCE1232B, FCE1233B, FCE1100B and FCE1000B beds.

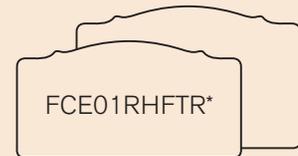
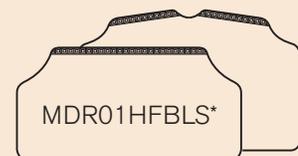
FCE1232TPZ **Trapeze adapter kit** for FCE1232B, FCE1233B, FCE1100B and FCE1000B beds. *Note: Trapeze (MDS80615T) not included*

FCE1232EXT **Bed extenders to make bed 84" long** for FCE1232B, FCE1100B and FCE1000B

FCE123276FS **Foot section to make bed deck 76" long** for FCE1232B, FCE1100B and FCE1000B

Items listed above are compatible with all beds except for the Medline Bariatric bed.

Custom Head/Footboards OPTIONS



Custom Head/Footboards FINISH OPTIONS

Natural Maple

Quartered Oak

Wild Cherry

Provincial Cherry

Gunstock Walnut

*Custom finish head/footboards for: FCE1232B, FCE1233B, FCE1100B and FCE1000B beds. FCE1232HDW must be ordered with this item.

NEW!

Low-Profile Overbed Table

Our low-profile overbed table is specially designed to have an exceptionally low profile base and fit under hi-low beds without damaging the table or the underside of the bed. The base of the table is only 1/2" (1 cm) thick, which easily fits under hi-low beds even when they are in their lowest position.

These tables are ideal for residents who are at a high risk of falling and for whom hi-low beds are typically kept at a low height.

Attached floor glides help prevent the table from scratching the floors.

overbed table



PRODUCT SPECIFICATIONS

Height range:	Adjustable from 24.5" to 39" (62-99 cm)
Top:	15" (38 cm) W x 30" (76 cm) L, 0.75" (2 cm) thick
Base:	Low-profile
Weight capacity:	50 lbs. (23 kg)
Frame:	Chrome-plated column & base
Casters:	1.5" (4 cm) twin wheel casters

Item number	Description
MDS104670LOW	Low-profile overbed table

Overbed table top finish options



Medline Industries, Inc.

One Medline Place
Mundelein, IL 60060

Medline United States
1-800-MEDLINE (633-5463)

www.medline.com | info@medline.com

Medline Canada
1-800-396-6996

www.medline.ca | canada@medline.com

Medline México
01-800-831-0898

www.medlinemexico.com | mexico@medline.com



Some products may not be available for sale in Mexico or Canada. Please contact your Account Representative for additional information. Colors are reproduced as faithfully as the printing process allows. *We reserve the right to correct any errors that may occur within this brochure.*

©2009 Medline Industries, Inc.
Medline is a registered trademark and Bringing You Closer To Home is a trademark of Medline Industries, Inc.

HCPCS DISCLAIMER: HCPCS codes provided by Medline are intended as general guidelines only. Medline does not guarantee coverage or reimbursement of any products. You must address all coverage and reimbursement issues (including the correctness and accuracy of codes) with your individual payers. It is your responsibility to ensure the accuracy and appropriateness of each claim you submit, in accordance with all applicable payer requirements.

MKT209225 / LIT601 / 13CLC / 10M